

DEEP SEAS Online Workshop #2

Alcohol and its relation to Cancer, Socioeconomic inequalities and Nutrition & Obesity

Co-hosted by the Portuguese General Directorate for
Intervention on Addictive Behaviours and Dependencies (SICAD)

SCOPE AND PURPOSE

The online series of 3 workshop sessions, with the overall aim of exchanging effective policy options to reduce alcohol-related harm, will take place within the frame of the prevention strand of the [EU beating cancer plan](#) over three afternoons in March 2021. Up to **40 active participants** (and a number of observers), national policy representatives, scientific experts, and European Commission professionals working on related initiatives, will participate in each session. It is hoped that many participants will attend all 3 sessions and participate in ‘plenary’ and small-group sessions, to maximise capacity building and knowledge/perspective exchange across different countries and sectors.

Tackling the role of alcohol in driving concurrent ‘epidemics’ in inequity, obesity and cancer will need combined approaches in the health-care sector (stepping back from a focus only on alcohol to consider broader determinants of health and links with other areas), population measures and efforts to improve awareness and consumer information. The idea is to facilitate clear communication and exchange of perspectives and priorities and to establish sustainable connections, between member states and with the Commission, which can endure after the events to enhance and promote health in all policy initiatives. Outputs will include peer-reviewed scientific background documents, revised through discussions in the online events; a set of short videos introducing the evidence and on-going European initiatives and experiences; a workshop report, including recommendations for policy at the national and European levels, coming out of discussions in the sessions.

AGENDA

Session 1 –Tuesday 9th March – *Alcohol and Cancer (and relationships with nutrition, obesity and inequalities)*

Time (CET)	Topic (and format)	Chair/Speaker
13:55	Participants admitted to the meeting	
14:00	Welcome and Setting the scene - Welcome from hosting Member State - Portugal - Frame of EU Beating Cancer Plan - Introduction to the workshop sessions and session topic	Toni Gual (chair) António Lacerda Sales (Deputy Secretary of State for Health, PT) EC hosts (DG SANTE)
14:20	Evidence update - Topic 1: Key messages from science on the real cancer burden of alcohol	Video presenters: - Jürgen Rehm (CAMH/TUD)
14:45	Stakeholder perspectives – from multiple countries / Europe-wide - France – translating data into policy recommendations - Czech Republic – a public campaign to raise awareness - Italy – national guidelines to counteract “fake science”	Video presenters: - Isabelle Soerjomataram (FR) - Miroslav Barták (CZ) - Emanuele Scafato (IT)
15:10	10-minute break	
15:20	Summary by sub-topic expert + introducing discussions (live)	Toni Gual / Jürgen Rehm
15:25	Breakout discussions – (small parallel groups of 8-10 people): ▪ Discussion question: <i>What are the most important steps towards a set of policies or system for policy development that recognises the cancer burden of alcohol products? (3 top priorities)</i>	Moderators and rapporteurs pre-assigned to each group
16:00	Feedback to whole group – - Brief summaries by rapporteurs/moderators + Round of comments	Rapporteurs and Moderators
16:45	Wrap up by hosts and sub-topic expert	A Gual / Rehm
17:00	End of afternoon 1	

Session 2 – Friday 12th March – Socioeconomic inequalities in health related to alcohol use

Time (CET)	Topic (and format)	Chair/Speaker
13:55	Participants admitted to the meeting	Administrator
14:00	Welcome back and order of the day /messages from previous day: <ul style="list-style-type: none"> - Alcohol inequalities and the impact on cancer (EU Cancer Plan) - Alcohol inequalities in the hosting Member State - Portugal - Introduction to the session topic 	Toni Gual (chair) EC hosts (DG SANTE) João Castel-Branco Goulão (National Coordinator on Drugs and Alcohol, PT)
14:20	Evidence update - Topic 2: Key lessons from recent research on inequalities and alcohol	Presenters: <ul style="list-style-type: none"> - Charlotte Probst (Heidelberg, DE) - Jen Boyd (SHAAP, UK)
14:45	Stakeholder perspectives <ul style="list-style-type: none"> - Finland – Policy options to reduce alcohol-related inequalities - Portugal – Multi-sectoral approaches - Policy to tackle inequalities in alcohol harm in Eastern Europe 	Video presenters: <ul style="list-style-type: none"> - Pia Mäkelä (FI) - Graça Vilar (PT) - Maria Neufeld (WHO-EU)
15:10	10-minute break	
15:20	Summary by sub-topic expert + introducing discussions (live)	Gual + Probst
15:25	Breakout discussions: <ul style="list-style-type: none"> ▪ Discussion question: <i>How can we balance a need to target interventions at lower socioeconomic groups, with the need to reduce risky alcohol use in the whole population?</i> 	Moderators and rapporteurs pre-assigned to each group
16:00	Feedback to whole group – <ul style="list-style-type: none"> - Brief summaries by rapporteurs/moderators + Round of comments 	Rapporteurs and Moderators
16:45	Wrap up by hosts and sub-topic expert	A Gual / C Probst
17:00	End of afternoon 2	

Session 3 – Tuesday 16th March – Alcohol, nutritional impact, obesity and related health issues

Time (CET)	Topic (and format)	Chair/Speaker
14:00	Participants admitted to the meeting (instructions slide on screen)	Administrator
14:05	Welcome back and order of the day /messages from previous day: <ul style="list-style-type: none"> - Nutrition and alcohol in the frame of EU Beating Cancer Plan - Alcohol, food and obesity in the hosting Member State - Portugal - Introduction to the session topic 	Toni Gual (chair) EC hosts (DG SANTE) Manuel Cardoso (Deputy Director of SICAD, PT)
14:20	Evidence update - Alcohol consumption, nutrition/caloric intake, and obesity <ul style="list-style-type: none"> - Science to inform policy - Ongoing and future research linking nutrition, inequalities and cancer 	Presenters: <ul style="list-style-type: none"> - Laura Rossi (CREA, IT) - Pietro Ferrari (IARC)
14:45	Stakeholder perspectives <ul style="list-style-type: none"> - Netherlands – changes to guidelines regarding alcohol - Alcohol, obesity and food systems - considerations for EU-wide to local policy 	Video presenters: <ul style="list-style-type: none"> - Ninette van Hasselt (NL) - João Breda (EU-WHO)
15:10	10-minute break	
15:20	Summary by sub-topic expert + introducing discussions (live)	Gual + Rossi
15:25	Breakout discussions – (4 small parallel groups of 8-10 active discussants): <ul style="list-style-type: none"> ▪ Discussion question: <i>It is clear that alcohol is no ordinary commodity – which policy measures must be strengthened or changed to prevent promotion of a harmful product viewed as ‘food’?</i> 	Moderators and rapporteurs pre-assigned to each group.
16:00	Feedback to whole group – <ul style="list-style-type: none"> - Brief summaries by rapporteurs/moderators + Round of comments 	Rapporteurs and Moderators
16:45	The EU perspective – What is needed at the EC level to support Member states in acting on these discussions and taking forward the EU Cancer Plan – Feedback from MS representatives	Manuel Cardoso Member states Representatives EC Hosts (Sante)
17:00	Wrap up by hosts and topic experts	A Gual / L Rossi
17:15	End of afternoon 3	

ACKNOWLEDGMENTS AND DISCLAIMER

This workshop is produced under the **DEEP SEAS** service contract (Developing and Extending Evidence and Practice from the Standard European Alcohol Survey - www.deep-seas.eu, Contract No. 20177113) with the Consumers, Health, Agriculture and Food Executive Agency (Chafea) acting under the mandate from the European Commission (DG SANTE). The information and views presented in the sessions are those of the speakers and do not necessarily reflect the official opinion of the Commission/Chafea. The Commission/Chafea do not guarantee the accuracy of the data presented in the workshop. Neither the Commission/Chafea nor any person acting on the Commission's/Chafea's behalf may be held responsible for the use which may be made of the information contained therein.



The workshop is co-hosted and supported technically by the General Directorate for Intervention on Addictive Behaviours and Dependencies (SICAD), of the Portuguese Ministry of Health.

